Triumph Fight Academy
Adult Class Schedule

Adult Grappling
(ages 13+)

Monday
12:00pm - NoGI Jiu Jitsu
6:15pm - Jiu Jitsu Fundamentals
7:15pm - Jiu Jitsu

Tuesday
6:15am - NoGI Jiu Jitsu
12:00pm - NoGI Jiu Jitsu
6:15pm - NoGI Jiu Jitsu Fundamentals
7:15pm - NoGI Jiu Jitsu

Wednesday
6:15am - NoGI Jiu Jitsu
12:00pm - NoGI Jiu Jitsu
5:00pm - FREE Women's Only Jiu Jitsu
6:15pm - Jiu Jitsu Fundamentals
7:15pm - **Member Only** Open Mat
8:15pm - MMA Wrestling

Thursday
12:00pm - NoGI Jiu Jitsu
6:15pm - NoGI Jiu Jitsu Fundamentals
7:15pm - NoGI Jiu Jitsu

Friday
6:15am - NoGI Jiu Jitsu
12:00pm - Jiu Jitsu
6:15pm - NoGI Jiu Jitsu Fundamentals

Saturday
9:00am - Judo
10:00am - Wrestling
11:00am - Open Mat

Sunday
6:00pm - Open Mat

Adult Striking
(ages 13+)

Monday
5:00pm - Women's Only Kickboxing/Muay Thai
6:15pm - Kickboxing/Muay Thai Fundamentals
7:15pm - Kickboxing/Muay Thai

Tuesday
6:15pm - Kickboxing/Muay Thai Fundamentals
7:15pm - Kickboxing/Muay Thai
8:15pm - MMA

Wednesday
6:15pm - Kickboxing/Muay Thai Fundamentals
7:15pm - MMA Striking

Thursday
6:15am - Kickboxing/Muay Thai
6:15pm - Kickboxing/Muay Thai Fundamentals
7:15pm - Kickboxing/Muay Thai
8:15pm - MMA

Friday
6:15pm - Kickboxing/Muay Thai Fundamentals

Saturday
11:00am - Kickboxing/Muay Thai Fundamentals

Last Updated 5/31/26

Triumph Fight Academy
Kids Class Schedule + Pricing

Kids Program

Ages 6-12. We offer Jiu Jitsu (GI and NoGI), Kickboxing/Muay Thai, Judo, Wrestling and MMA. Self Defense is learned in each class.

Monday
11am - NoGI Jiu Jitsu
4pm - Judo
5pm - Jiu Jitsu
6pm - Elite Competition (Invite Only)

Tuesday
11am - Wrestling
4pm - Wrestling
5pm - NoGI Jiu Jitsu
5pm - Kickboxing/Muay Thai

Wednesday
11am - NoGI Jiu Jitsu
4pm - Judo
5pm - Jiu Jitsu
6pm - Elite Competition (Invite Only)

Thursday
11am - Wrestling
4pm - Wrestling
5pm - NoGI Jiu Jitsu
5pm - Kickboxing/Muay Thai
6pm - Elite Competition (Invite Only)

Friday
11am - NoGI Jiu Jitsu
4pm - Kickboxing/Muay Thai
5pm - MMA
6pm - Elite Competition (Invite Only)

Saturday
9:00am - Judo
10:00am - Wrestling
11:00am - Open Mat

Last Updated 5/31/26

Little Kids Program

Ages 3-5. The little kids learn everything the older kids do, but in more fun and simple ways. No gear or uniform needed.

Monday
4:15pm - Intro to Martial Arts

Tuesday
4:15pm - Intro to Martial Arts

Wednesday
4:15pm - Intro to Martial Arts

Thursday
4:15pm - Intro to Martial Arts

Friday
4:15pm - 1x per month FUN ZONE

Pricing Information

Single Member - $175/month

2-Member Family - $275/month

3-Member Family - $375/month

4+ Member Family - $475/month

**All family members must reside in the same household. After 4, additional family members may join for no additional cost.*

Discounts Available:
Family, Military, Veteran, Teacher, College Student, Active First Responder
**Verification required. Ask at front desk.*

Discounts cannot be combined.

Contact Us

803-984-0146

info@triumphfightacademy.com

www.triumphfightacademy.com

Find us on:
Facebook, Instagram, Youtube, and TikTok